Overnight and 3-Day Trip Checklist

Your Checklist:

Personal Water Bottle

- □ Strap-on sandals or appropriate river shoes
- □ Swim Wear (2 or 3 pairs is usually fine)
- □ Sun Protection (sunscreen, sun shirt, hat, sunglasses, etc. along with keeper straps)
- □ Soft duffel bag or pack (No Hard Suitcases or frame packs) (Trash bags also pack easy)
- □ Sleeping bag and small pillow
- □ Season appropriate clothes for camp (long pants, shirts, sweater or jacket, etc)
- □ Sleepwear and flashlight or head lamp
- Personal toiletries or medications (EpiPen for allergic reactions, insulin, inhaler, etc.)
- □ Though it's not required; tipping your river guide is appropriate and appreciated

We Provide:

- ☑ Experienced, Licensed, Personable Guides
- ✓ Yummy Meals (Your trip starts with Lunch and ends with lunch on your last day)
- ☑ Day Dry Bags for small personal items
- \square Transportation from pick-up to trip launch
- ☑ Large Dry Bags for overnight personal gear
- ☑ Sleeping pads, camp chairs, portable river toilet, tables, and other cooking equipment
- Games, River Library, and other activities
- ✓ First Aid Supplies (All our guides are First Aid and CPR certified in accordance with licensing requirements)
- ☑ All the necessary gear and equipment for your trip (Rafts, Coast Guard approved Life Jackets, Paddles, Safety Equipment, etc.)

Trip Distance: 34 miles

Some Fun and Exciting Rapids along this Stretch: Vinegar, Carey Falls, Ruby, Lake Creek, Cat's Paw, Time Zone, Tight Squeeze, Chair, Traps, Fiddle Creek, Black Rock (Rapids and classes fluctuate with river flow)

Itinerary:

- Start your trip by meeting us at the Lucile Boat Ramp parking lot just 8.7 miles north of Riggins @ 9 am (for overnights) or 11 am MST (for 3-day trips). (note the time difference if coming from PST).
- From there board the Outdoor Voyagers River Van. Don't take anything you won't be taking on the river. You don't want to leave anything in the van. You'll then head through Riggins to the Vinegar Creek Boat ramp where the trip launches.
- At the boat ramp you'll meet your river guides and have a safety briefing.
- Once on the water you can expect thrilling whitewater, swim time, boat games, and great scenery.
- Along the way we'll make stops for lunch and again to set up camp at an available sandy beach along the river. We provide all your meals and can accommodate for dietary needs. At camp you can enjoy time relaxing next to the water, short hikes along the riverbank, swimming, or playing river games.

- Your Trip will end back at your vehicle. There are changing and restrooms at the take-out.

Pro Tips:

- Bring a personal water bottle. We want everyone to stay hydrated and healthy. We have bottled water at lunch and camp but help us reduce waste by bringing your own water bottle. We bring lots of extra water so you can have plenty to refill.
- Avoid bringing valuables or jewelry. We recommend retention straps on sunglasses and hats. Outdoor Voyagers is not responsible for lost or damage personal items.
- Pack Light. Space is limited. We provide dry bags to access anything you might need during the day and additional dry bags for overnight gear.
- Check the weather forecast before your trip. We continue floating even in the rain. A rain jacket or cold weather wear can make things more comfortable.

What to wear: Swimsuits can be great. Quick drying shorts and SPF rated shirts can help with comfort and provide additional sun protection. Try to avoid cotton fabrics while on the water.

