## Full-Day Trip Checklist

Your Checklist:		We	Provide:
	Personal Water Bottle	$\checkmark$	Experienced, Licensed, Personable Guides
	Strap-on sandals or appropriate river shoes	$\checkmark$	Dry Day Bags for small personal items
	Swim Wear	$\checkmark$	Transportation from pick-up to trip launch
	Sun Protection (sunscreen, sun shirt, hat,	$\checkmark$	A Yummy Lunch
	sunglasses, etc.) (Avoid paying a "River Tax"	$\checkmark$	First Aid Supplies (All our guides are First
	and bring retainers for hats and sunglasses)		Aid and CPR certified in accordance with
	Personal medications (EpiPen for bees or		licensing requirements)
	other allergic reactions, insulin, inhaler, etc.)	$\checkmark$	All the necessary gear and equipment for
	Though it's not required; tipping your river		your trip (Rafts, Coast Guard approved Life
	guide is appropriate and appreciated		Jackets, Paddles, Safety Equipment, etc.)

Trip Distance: 19 miles

Approx. Number of Class III+: 7

Rapids on this Stretch: This float is action packed. Rapids include Ruby, Lake Creek, Cat's Paw, Preacher Rock, 911 Hole, Race Creek, Time Zone, Tight Squeeze, Cherry, Chair, Traps, Fiddle Creek, Black Rock (Rapids and classes fluctuate with river flow)

Approx. Time on Water: 6-7 hours

We run on river time. Times are approx. and fluctuate depending on flow.

## Itinerary:

- Start your trip by meeting us at the Lucile Boat Ramp parking lot just 8.7 miles north of Riggins @ 9 am MST. (please note the time difference if you are coming from pacific time).
- From there board the Outdoor Voyagers River Van. Don't take anything you won't be taking on the river. You don't want to leave anything in the van. You'll then be taken though Riggins to the Spring Bar Boat ramp where the trip launches.
- At the boat ramp you'll meet your river guides and have a safety briefing.
- Once on the water you can expect thrilling whitewater, swim time, boat games, and great scenery.
- Along the way we stop for lunch on a sandy beach. For lunch you can expect either taco salad chicken salad croissant sandwiches, or deli style sandwiches along with fruit and river snacks including chips, granola bars, cookies, and beverages (bottled waters and soda).
- Your Trip will end back at your vehicle. There are changing and restrooms at the take-out.

## Pro Tips:

- Bring a personal water bottle. We want everyone to stay hydrated and healthy. If we are providing lunch, we will have bottled water, but help us reduce waste by bringing your own water bottle. We bring lots of extra water so you can have plenty of refills.
- Avoid bringing valuables or jewelry. We recommend retention straps on sunglasses and hats.
  Outdoor Voyagers is not responsible for lost or damage personal items.
- Pack Light. Space is limited. We provide dry bags to access anything you might need during the day.
- Check the weather forecast before your trip. We continue floating even in the rain. A rain jacket or cold weather wear can make things more comfortable.

What to wear: Swimsuits can be great. Quick drying shorts and SPF rated shirts can help with comfort and provide additional sun protection. Try to avoid cotton fabrics.